

**THE PONY CLUB  
GRASSROOTS DRESSAGE TEST 2016  
(20m x 40m Arena)**



<i>The Test</i>			<i>Max. Marks</i>	<i>Directives</i>
1.	A C	Enter at working trot and proceed down the centre line without halting. Track right.	10	Straightness on the centre line. Suppleness and balance on the turn.
2.	B	Circle right 15m diamter.	10	Rhythm, balance and suppleness. Size and shape of circle.
3.	A C	Turn down the centre line. Track left.	10	Straightness on the centre line. Suppleness and balance on the turns.
4.	E	Circle left 15m diameter.	10	Rhythm, balance and suppleness. Size and shape of circle.
5.	Between A&F	Transition to working canter left.	10	Balance and activity in the transtion.
6.	FMCHK	Working canter.	10	Rhythm, suppleness and balance.
7.	Between K&A	Transition to working trot.	10	Balance and activity in the transition. Rhythm and balance in trot.
8.	F FB	Medium walk. Medium walk.	10	Balance and activity in the transition. Rhythm and balance in walk.
9.	B E	Turn left. Turn right in medium walk.	10	Rhythm, suppleness and balance through the turns.
10.	Between E&H	Half circle right 20m diameter to between M & B in free walk on a long rein.	10	Activity and rhythm of the walk. Stretching down of the head and neck.
11.	B Between B&F	Medium walk. Transition to working trot.	10	Activity of walk. No resistance when reins picked up. Balance and activity in the transition to trot.
12.	Between A&K	Transition to working canter right.	10	Balance and activity in the transition.
13.	KHCMF	Working canter.	10	Rhythm, suppleness and balance.
14.	Between F&A	Transition to working trot.	10	Balance and activity in the transition. Rhythm and balance in trot.
15.	K	Turn onto a diagonal line towards M. At X turn onto the centre line towards C.	10	Rhythm, balance and suppleness. Straightness on centre line.
16.	G	Halt, immobility, salute.	10	Straightness and relaxation in halt.
Leave the arena at free walk on a long rein at A				
17.		Paces	10	Freedom and regularity.
18.		Impulsion	10	Desire to move forward, elasticity of steps, suppleness of the back and engagement of the hindquarters.
19.		Submission	10	Attention and confidence, harmony, lightness and ease of the movements, acceptance of the bridle and lightness of the forehand.
20.		Rider position and seat	10 x 2	Correctness and effect of the aids.
			<b>210</b>	

Approx. time 4 1/2 minutes.  
All trot work to be executed 'sitting' or 'rising'.

## CONDITIONS

The test will be conducted and judged in accordance with The Pony Club Dressage Rules.

To be ridden in a snaffle (for definition see 'Dressage rules') and with both hands except where otherwise stated. All transitions from one pace to another may be progressive, except where otherwise stated.

Where the test is used at a Branch event (i.e. NOT at an Area Grassroots qualifier or the Grassroots Championships) the test may be ridden in any normal riding bit.

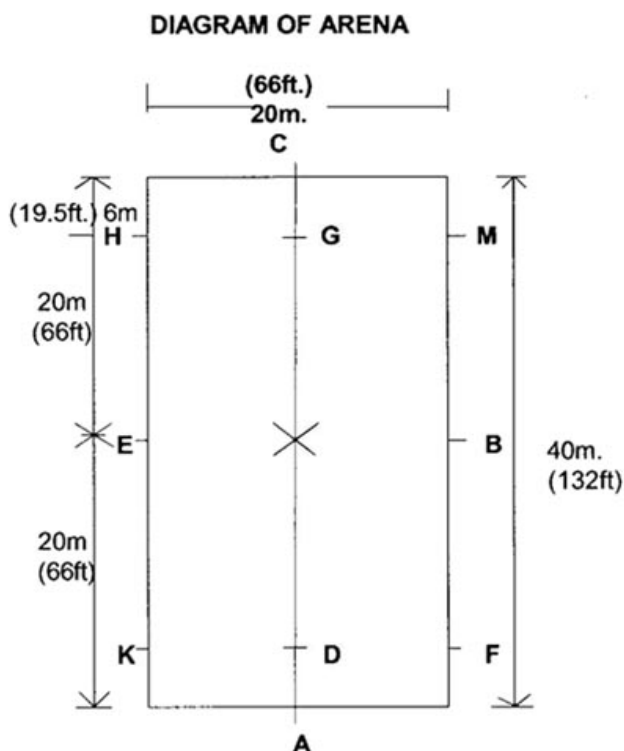
The test may be commanded at Area Competitions but not at the Championships.

### Penalties for errors over the course

1st Error .....	2 marks
2nd Error .....	4 marks
3rd Error .....	8 marks
4th Error .....	Elimination

The use of the voice is prohibited and will be penalised by the loss of two marks from those that would have been awarded for the movement in which this occurred.

A competitor whose hat comes off or chinstrap comes undone whilst riding in the competition must, on penalty of elimination replace it or do it up before continuing. He may dismount without penalty to recover the hat or have it passed up from the ground, or he may stop without penalty to do up the chinstrap.



The A, F, B, M, C, H, E, K Letter Markers should be placed about 50 cms outside the Arena.  
The G, X and D Letters are not marked on the Arena.